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## Supplementary file S1

**Figure S1**: Disc trencher scarifying one of the monthly scarification strips (a), an example of seeding point with micro-preparation grid that was positioned on exposed mineral soil (b), seeding of a seeding point also showing the micro-preparation device used to create seeding points (c), and an example of soil frost upheaval with hair ice. Photos: Pasi Rautio (a, c and d) and Luke (b).



Figure S1a

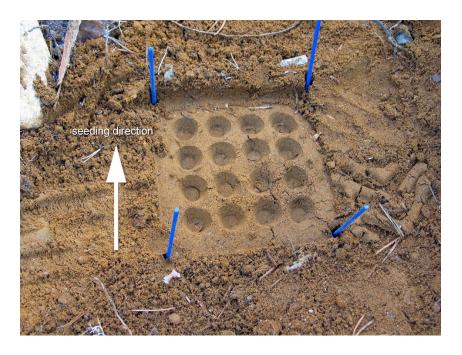


Figure S1b



Figure S1c



Figure S1d